



# Unitarian Universalist Church of Pensacola

# The Light

VOLUME 60 ISSUE 1 January 2017

*Our mission is to celebrate diversity, strive for justice and inspire love.*



**Unitarian Universalist Church of Pensacola**

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[www.uupensacola.org](http://www.uupensacola.org)

**Office Hours:**

**Tuesday and Thursday, 1 pm - 5 pm**  
*Minister Office hours :*  
*Tuesday and Thursday, 11 am - 4 pm*  
*(or by appointment -Wednesdays Off)*

**UUCP Staff Contacts**

**Minister**

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**Social Justice**

Paula Montgomery.....438-8891

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**The Light**

Editor: Rose Jansen

Proofreading Editorial Assistant: Charlotte Crane

**Coffee & Conversation 9 a.m. / Sunday Services 10 a.m.**

**"Guest at Your Table" UUSC Donations COLLECTED Jan. 8 and 15**

*It is preferred to add up your personal donation, write a check to UUSC, and fill out the envelopes provided, if possible.*

**January 8 – "Do Not Be Silent"**

**Rev. Dr. Julie Kain**

Members of our congregation have participated in the Pensacola parade to honor the work of Martin Luther King every year since it began. In this Service for All Ages, we will lift up the theme that was selected for this year's parade - "Do Not Be Silent About Things That Matter." *Newcomer Hospitality Welcome with Rev. Julie and UUCP members following the service (see page 5 for more info).*

**January 15 – "The Shifting Ground"**

**Rev. Dr. Julie Kain**

A new year is bringing unprecedented changes in our national life. In these uncertain times, how can we as Unitarian Universalists be sustained and strengthened by our faith principles? How can these principles guide us to action in our personal and community lives? *After the service, please join us to prepare our UUCP float for the King parade (see page 8 for more info).*

**January 22 – "Teaching and Learning"**

**Rev. Dr. Julie Kain**

In our lives at times all of us are students and all of us are teachers. This coming year, our congregation has an opportunity to be both as we welcome a new intern minister, Sara Green. What does it mean for us as Unitarian Universalists to become a "teaching congregation"? Come meet Sara and learn about this new aspect of our shared ministry at UUCP. *Plan to stay for the Congregational Mid-Year Meeting which follows the service with important updates on our church finances, a new protocol for the Fifth Sunday 'Share the Plate' offerings, and becoming a teaching congregation.*

**Mid-Year Congregational Meeting**

*After Service January 22*

*All Members & Friends encouraged to participate!*



**January 29 – "Weave and Spin"**

**Sara Green, UUCP Intern Minister**

In this early season of a New Year, what are we being called to create and restore? What does it mean to simultaneously weave, spin, mend and heal our world? How are we holding together communities through transitions and change? This service will include the Fifth Sunday "Share the Plate" offering to support the work of CDAC, the Community Drug and Alcohol Council, the primary substance-abuse and violence-prevention community resource for Escambia and Santa Rosa counties (see page 8 for more info). *After the service, join us for an informal 'Meet and Greet' with our new Intern Minister, Sara Green.*

**February 5 – "Possibility"**

**Rev. Dr. Julie Kain**

Thankfully we live in a universe that is open to the future. Rather than having lives that are pre-determined, our human nature empowers us with free will, choice and personal action. We can respond creatively to any situation presented to us and so our future is full of possibility.

# Julie's Jazz Notes

## Welcoming a New Year with Positive Practices

As we begin a new calendar year with 2017, many of us are trying to find our bearings given the shifting ground beneath our feet. You are not alone!

- Because we are living in a time of upheaval and change, here are some New Year resolutions to ponder and use as affirmations, if you choose (or make your own variations):
- Remember to do those personal practices that help you to stay centered during challenging times. Take good care of yourself!
- Make room for your feelings. Express them in appropriate measure and know they can be fuel for growth and action when channeled in the right directions.
- Choose actions each day that are aligned with what you value as most important in your life (your core values). By keeping your priorities straight, you can remain grounded even under pressure.
- "Don't feed the fears!" Like bears wandering into backyards looking for discarded scraps from our kitchen tables, we have to protect our mental homes from mischievous and unruly elements that potentially disrupt our daily lives.
- Join with others who share your values, adding your strength and vision to theirs in leading positive lives. Choose comrades whose positive energy amplifies your own.
- Widen your circles of friendship to include folks you perceive as different from you. Be curious

and open hearted about sharing differences in a non-confrontational way. Notice the common ground you do share. Be willing to learn from perspectives of real difference. Be willing to share your views from a centered place within you, feeling grounded in your deepest values.



See you at church!

~ Dr. J ~

## Our Caring Community

Congratulations to **Brian Hansen** on completion of trucking school! With his new license he is driving "big rigs" across the country. Brian extends his gratitude for all the support he receives from his UUCP family and asks us to keep him in our thoughts with wishes for his safety on the road until he's able to return to his home base of Pensacola.

We are grateful that **Mae O'Shea** has happily returned home from a rehab center after she had a minor stroke just before Christmas. Here's hoping for a speedy recovery, Mae.

Did you see news coverage in USA Today on the wonderful story about

**Lesley Ortiz** being reunited with her birth mother after 75 years? Follow the link here:

<http://www.usatoday.com/videos/life/2016/12/21/daughter-and-birth-mother-reunite-christmas-after-75-years/95727090/>

We continue to hold **Maggie Lovins** in our healing thoughts following surgery in Ohio to address an intestinal issue. Maggie has left her position with the Unitarian Universalist Association as a field staff member offering support to congregations in the southern region due to health reasons. We are thinking of you, Maggie and Chad!

We will be thinking of **Debra DuBose** as she faces surgery this month. Debra and her wife **Pam Ubben** have been providing assistance to **Judy Freeman** for the last few months. We appreciate you!

**Thanks to our members for their generosity** in supporting the UUCP Members Assistance fund at the Christmas Eve service in the amount of \$780, and for donations of gift cards for children in foster care at the Gulf Coast Kids House.

Correction: In last month's issue, it was stated that Penny Featherstone's younger brother died when actually she lost her older brother.



## PRESIDENT'S NOTES:



Do you ever wonder what goes on at board meetings? No need to wonder, our meetings are open to the congregation and you're welcome to attend. Also, there is a 3-ring binder in the church office with all the meeting minutes going back years (just a little light reading before bed.) But seriously, we want to make sure our UU family is informed and up to date. So we're trying out something new by printing a synopsis of the board meetings here in the Light each month. Check out what happened in December and if you have any questions or input be sure to contact me, Mark Beyerl, or Rev. Julie!

### December Board Meeting Synopsis:

The Board's discussion this month included the need to enhance the mechanisms for communicating its business to the congregation. Several options are under consideration, including making the full minutes available on the web-site. The Board's minutes are currently available for review in hard copy in a binder in the front office.

The Board voted to offer Rose Jansen, who has been serving the congregation as Interim Office Administrator, a permanent staff position as Office Administrator.

The Board has asked the Social Justice Team to create a formal, transparent process for nominating and selecting the recipients of the 5th Sunday Share the Plate donations made each year. The result of their efforts should be available to present to the congregation at the Mid-Year meeting and to be voted on at the Annual meeting this summer.

The Board also discussed the agenda for the Mid-Year meeting to be held after the service on January 22, 2017, and potential dates in 2018 for the commemoration of our 60th Anniversary.

The next Board meeting will be January 16, 2017, at 6:00 p.m. Members of the congregation are always welcome to attend.

### Congregational

### MID-YEAR MEETING

Members & Friends  
JOIN US after Service

**January 22**

**11:15 a.m.**

*Church Finances*

*Update, New "Share the*

*Plate" Protocol,*

*Becoming a Teaching*

*Congregation*

*Childcare and youth activity will be available.*



### Greetings from Sara Green, UUCP Intern Minister for 2017

Hello UU Church of Pensacola, I am so excited to be joining you! While there will be plenty of opportunities to get to know one another, I thought I'd take this time to share some of the experiences that have led me to spending the next year with you as a UU ministerial intern.

I was born and raised in New Orleans, but spent a year in Maryland and a year in Fort Walton Beach, Florida, as a result of Hurricane Katrina. In 2009, I so-journed to Bennington College to study dance and African American history. After I graduated from Bennington in 2013, I headed to Nashville to take on graduate work. Last month I completed both a Master of Education in Community Development and a Master of Divinity from Vanderbilt. As a student activist, I have years of organizing young people, public housing residents, and people concerned with racial justice. While I was in seminary, I served as a "student minister in residence" with the First UU Church of Nashville.

I left New Orleans to go to school, but I feel strongly compelled to return to the geography in which I was raised. I've made a commitment of returning to the Deep South where I aspire to serve as a UU parish minister somewhere along the Gulf Coast. I am recovering from the harmful notion that to be "successful" is to leave. I am interested in learning more about the spiritual needs of people in the South and the challenges we face being in largely Christian communities.

This coming year I am excited to learn with you about radical hospitality. In addition to becoming active with UUCP, I'll be doing a required unit of full-time chaplaincy at Baptist Hospital from March to May. I am happy that I'll be going to the UUA General Assembly in my hometown of New Orleans and that I've been selected as a Young Adult Worship Coordinator for the conference.

Let's get together to chat!

Sara



Children's Religious Education News:  
**WAY Cool Sunday School!**

HAPPY JANUARY!

Greetings Friends,

It is hard to believe that a New Year is upon us already. Where does the time go when we are so busy? 2017 is shaping up to become another exciting year in CRE WAY Cool Sunday School. This month brings a new session of Our Whole Lives (OWL) Classes for K – 1 level. Again Melissa Ardoin and Mark Beyerl will be creating a safe space for our children to learn honest, accurate and age appropriate information about sexuality. We carefully chose the dates for the classes to begin and conclude after the busy Holiday season and before spring break begins. The classes will take place 8 consecutive weeks starting January 22, 2017 and concluding March 12, 2017 from 11:30 – 1:00. There will be a parent group to coincide with the OWL classes. Parents are encouraged to attend. More information can be found on the UUCP face book page. There are informational letters and registration forms available there and in the Foyer at the church.

I would be remiss not to give a shout out to Lauren Anzaldo for pulling together the Holiday party on 12/18 for the children. Unfortunately Lauren wasn't feeling well the day of the party but our parents and teachers all pitched in and fun was had by all.

Keep an eye out for Wyatt, our Youth Pathfinder, after the service; he is selling care packages for the homeless to raise money to go to General Assembly this summer in New Orleans. He put together these packages with your generous donations and is charging a nominal fee for putting them together for you to keep in your car and distribute during your daily travels around town. Please continue to donate individually packaged nutritious food stuffs, personal care items, socks, etc. Donation boxes are located in the foyer and conference room.

Bright blessing to you all, **Sarah Stubbs, CRE Coordinator**

Find out more about OWL at <http://www.uua.org/re/owl>

**January Schedule:**

- Jan 1: Children's Chapel
- Jan 8: Service for All Ages & OWL Parent Student Orientation 11:30
- Jan 15: Multi Age Activity
- Jan 22: Classes & OWL Classes at 11:30
- Jan 29: Time for all Ages, Classes & OWL Classes

*CRE Goals are to engage children, youth and teens in meaningful exploration of our Unitarian Universalist Church of Pensacola community through simple interactions with their surroundings and to develop a sense of our UU identity and a personal commitment to living our seven Unitarian Universalist Principles.*

**Please take time to get involved and support WAY Cool Sunday School!**

**Children's Religious Education (CRE) Advisory Team**

Coordinator: Sarah Stubbs (437-5979) [mssarahstubbs@gmail.com](mailto:mssarahstubbs@gmail.com)

Team Leader: Melissa Ardoin [melissabardoin@gmail.com](mailto:melissabardoin@gmail.com)

Team Members: Lauren Anzaldo,  
Donna Harwell, Jill Cicero &  
Jennifer Morris

**Feel free to contact any member with questions, comments or suggestions!**



**JENNIFER'S  
FAMILY CORNER**

Looking for awesome opportunities to spend Family Time together outside of the home?

Visit the *Pensacola Family Events & More* Facebook Page managed by

UUCP Member Jennifer Morris!

[Click here or the Image for the Facebook Page](#)



Check out their [Google Calendar](#) to see the upcoming events geared toward the entire family ... from Newborn to 99+

Ever'man Cooperative Grocery

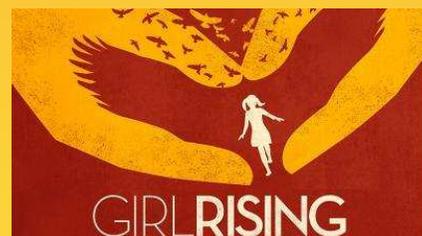


**Story Sprouts**

Jan 3, 2017, 10:00 am

Children ages 3-5 are invited to do arts &

crafts, make a snack and have story time. The classes are always creative and have an organic, environmental and local twist. For More Information & to Register: <https://www.eventbrite.com/e/story-sprouts-tickets-30228019821?aff=erepanelorg>



Ever'man Cooperative Grocery

January 7, 2017, 1 pm

**GIRL RISING** is a documentary narrated by Liam Neeson, following the true stories of 9 unforgettable girls in the developing world, overcoming tremendous challenges to pursue their dreams.

For more info and to register:

<https://www.facebook.com/events/735113576643663/>



# GATHERINGS



**UUCP LUUnch  
BUUnch**  
**Wed. Jan 11, 1pm**

For January 11 (the first 2nd Wed. of the year), we will try to mitigate "our normal" holiday carnivorous consumption for a more vegetarian (your definition, not mine) ... at Ever'man Cafe, where self service from the steam stable costs \$8.99/ pound (and if you're a member, there's a 5% discount). (Memberships run \$5/year, the "Sr." rate for which I suspect all LBs would qualify.) And there are meat choices, organic of course (the best definition, I'm sure). 1:00 as usual, when we will gather some tables together in the "back" side (east wall) of the eating area ... so let me know if we should gather a table/ seat for you. By Tuesday the 10th, please 478-2373 / huturn@juno.com.

*Our final event of 2016, 14 December at the Gregory Street Outback was attended by 11, no newbies. Getting seats (I called at 11 AM) proved to be a 10 min. chore. The prices, I'd say, were downtown plus, made sweet with the Blooming Onion donation, enough for 10. Thanks, MM. Most seem satisfied, and the conversation, as usual, was worth the extra time, etc. .*



## **WOMEN'S SPIRITUALITY CIRCLE**

**Wed. Jan 18, 6:30 pm**

*Q&A—Audrey Preston  
(audreyloupreston@gmail.com)*

**"Our mission is to create a safe and welcoming space for women to experience spirituality in community."**  
**Snacks begin at 6:30; bring some to share.** Please consider staying to help with cleanup. All women are encouraged to be respectful of our collective time by being mindful of our start time of 6:30 and our ending time of 8:30, so we may clean up and be out of the building at 9 pm.



## Before Service and Second Hour

### Before the Service



**9am Every Sunday: "Coffee and Conversation"**



**January 8 & 22 - Morning Chant in the Library at 9:15am**

### Second Hour:

**January 8 - Newcomer Hospitality Welcome** with Rev. Julie and members. This informal 'Meet and Greet' will be held for all interested -New Members and Guests alike- in learning more about our congregation and Unitarian Universalism.

**OWL Parent/Student Orientation**  
(see page 4 for more info)

**January 15 - King Parade Preparations**  
(see page 8 for more info)

**Sunday Sweets**  
**UU Book Table**

**January 22 - Congregational Mid-Year Meeting**  
**OWL Class**

**January 29 - Informal 'Meet and Greet' with**  
**UUCP Intern Minister, Sara Green**  
(see page 3 for more info)  
**OWL Class**



### **Note from the Library:**

There are quite a few books that have been checked out for weeks or even months. If you have a UUCP book that you have finished reading, please return it to the box on the desk in the library.

# Save the Dates

**FEBRUARY 11, 2017**  
**6-9 p.m.**

## **JOHNNY CASH TRIBUTE**

*UU friend Ken Sizemore* along with fellow *UU Chris Dixon* will be performing at UUCP, Saturday night, February 11, 2017.

**Mark your calendars** for a fun night of Johnny Cash songs going back to the 1950s and moving forward through the decades.

Don't miss out on another fun filled evening at UUCP. **Bring your friends and neighbors.** All are welcome.

*\$10 suggested donation.*



UU Spring Camping Trip

## Save-the-Date

**Friday, March 31**  
**to Sunday, April 2**

**Big Lagoon State Park**

**Cost of weekend:**

**\$10 for adults**

**\$2 for children under 17**



Details about meals and activities will be posted as the date approaches. To book your spot, contact Emma Mulvaney at [emmamulvaney@gmail.com](mailto:emmamulvaney@gmail.com).

## *Our 60th is Approaching!*

UUCP is coming up on a milestone anniversary and it's time to start planning the celebration.

**60<sup>th</sup>**  
**Anniversary**

The 60th anniversary of our congregation will arrive in 2018 and we want to make it memorable! Penny and Erin are looking for people interested in being a part of the planning. Photos and stories, contacting of distant members and friends, and your creativity and ideas for the festivities are needed.

Contact Penny Featherstone ([pfeatherstonegaf@gmail.com](mailto:pfeatherstonegaf@gmail.com)) or Erin Renfroe ([erin.renfroe@gmail.com](mailto:erin.renfroe@gmail.com)) with questions, suggestions, or support.

# WHAT'S UUP @ UUCP?

— Requested by Members —

## Oatmeal Lace Cookies

### Ingredients

- 1 stick unsalted butter
- 2/3 cup sugar
- 1 cup rolled oats (not instant)
- 1/4 cup all-purpose flour
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt
- 1 tablespoon beaten egg white
- 2 ounces bittersweet chocolate, finely chopped

### Directions

1. Position racks in the upper and lower thirds of the oven and preheat to 350 degrees F. Line two baking sheets with parchment paper.
2. Melt the butter with the sugar in a saucepan over low heat, stirring until the mixture thickens and the sugar is almost dissolved, about 5 minutes. Transfer to a large bowl and stir in the oats, flour, vanilla and salt. Let cool 10 minutes, then stir in the egg white.
3. Drop 6 rounded tablespoonfuls of batter onto each prepared baking sheet, about 3 1/2 inches apart. Spread each mound into a 3-inch circle. Bake, switching the position of the pans halfway through, until golden brown, 12 to 15 minutes. Let cool on the baking sheets until firm, about 3 minutes, then carefully remove using a thin metal spatula and transfer to a rack to cool completely.
4. Put the chocolate in a small microwave-safe bowl and microwave in 30-second intervals, stirring, until melted. Drizzle on the cookies and let set, about 30 minutes.

*Rose Jansen and Janet Beall made these for our Christmas Potluck.*



(Joined on October 30th)

*Dwayne & Jonathon Beebe-Franqui*

*Lee Emerson,  
children Penelope, Atticus*

*Laura Keith King*

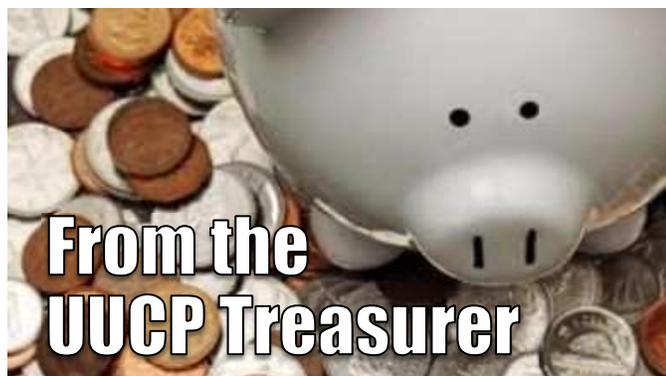
*Tommy King, daughter Morgan*

*Samantha Weaver & James McKey,  
sons Calvin & Malcolm*

*Sharon West*

*Shea Winterberger*

**Welcome to Our  
New Members!**



### End of Year Contribution Statements

#### *Coming Soon*

Member and Friends Contribution Statements will be available in January. If you have any questions about your statement or any aspect of giving to the church, please contact Treasurer - Laurie Winterberg at 850-857-9646 or [uucptreasurer@gmail.com](mailto:uucptreasurer@gmail.com).

# SOCIAL JUSTICE NEWS



## We will be collecting the UUSC Donations Jan. 8 and 15

*It is preferred to add up your personal donation, write a check to UUSC, and fill out the envelopes provided, if possible.*

**UUSC's Mission** The Unitarian Universalist Service Committee (UUSC), a 76-year-old human rights organization grounded in Unitarian Universalist values, works to advance human rights in three intersecting areas: Economic Justice, Environmental Justice, and Rights at Risk (especially in times of humanitarian crises and natural disasters, during which populations already experiencing rights violations are especially vulnerable).

## We are collecting beads and "parade-style knick-knacks" for this year's MLK PARADE!

**Collection basket can be found in the foyer!**

## **Join Us for UUCP's Annual Participation in the Martin Luther King Jr. Parade!**

This year's theme:

## **"Do Not Be Silent About Things That Matter"**

**Prepare for the Parade, Sunday, Jan. 15, after the service**



**Join in the MLK Parade, Monday, January 16**  
Gather at 9 am, parade starts at 11 am Downtown, exact location to be announced.

### **January Fifth Sunday Collection Recipient: CDAC**



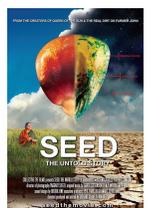
The *Community Drug & Alcohol Council (CDAC)* is the primary substance-abuse and violence-prevention community resource for Escambia and Santa Rosa counties. They offer programs, community support and collaboration to address

drug and alcohol abuse, tobacco, mental health issues and violence both in the home and on our streets. With a holistic approach, they combat problems by engaging the entire community including schools, law enforcement, parents, counselors, students and case managers.

**Sign up by January 21st to bring this movie to Pensacola or the show will be cancelled.**

### **SEED: The Untold Story**

A feature-length documentary featuring Vandana Shiva, the film will come to Pensacola Tuesday, January 31st. Dr. Jane Goodall, Andrew Kimbell, and Winona LaDuke follow passionate seed keepers protecting our 12,000-year old food legacy.



Find this event on Facebook: <https://www.facebook.com/events/1786099604989442/>

# January 2017 Calendar of Activities

| Sunday   | Monday   | Tuesday | Wednesday  | Thursday | Friday | Saturday |
|--|--|---------|--|----------|--------|----------|
| 1  | 2  | 3       | 4  | 5        | 6      | 7        |
| 8<br><i>Coffee &amp; Conversation 9am</i><br><i>Morning Chant in the Library</i><br><i>Sunday Service 10am</i>                             | 9  | 10      | 11<br><br><b>LUUNCH<br/>BUUNCH</b><br><i>1pm</i><br><i>(See Page 5)</i> | 12       | 13     | 14       |
| 15<br><i>Coffee &amp; Conversation 9am</i><br><i>Sunday Service 10am</i><br><i>UU Book Table</i><br><i>Sunday Sweets</i>                   | 16 <b>MLK PARADE</b><br><br><i>Board Meeting 6:30-8:30pm</i><br><b>Martin Luther King Jr. Day</b> | 17      | 18<br><i>Women's Spirituality -6:30pm-</i><br><i>(See Page 5)</i>  | 19       | 20     | 21       |
| 22<br><i>Coffee &amp; Conversation 9am</i><br><i>Morning Chant in the Library</i><br><i>Sunday Service 10am</i><br><i>Mid-Year Meeting</i> | 23   | 24      | 25   | 26       | 27     | 28       |
| 29<br><i>Coffee &amp; Conversation 9am</i><br><i>Sunday Service 10am</i><br><b>FIFTH SUNDAY</b>  | 30   | 31      |  |          |        |          |

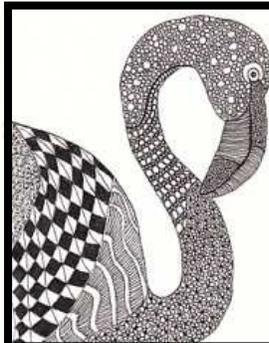
*Second-Hour\* - Check Page 5 for posted Second-Hour events*

**ATTENTION NEW**  
**(or Returning)**  
**MEMBERS!!!**

*If you HAVEN'T had a Welcome published yet, please contact Charlotte Crane or the Church Office as we'd love to feature you!*

*Sincerely,  
YoUUr Beloved Community*

[uucp@bellsouth.net](mailto:uucp@bellsouth.net)



**New Member Show and Reception at Quayside Art Gallery**

**January 14 from 2-4.**

*Show runs from January 4—February 13*

UUCP member Carol Hemmye will be one of the five featured artists.



**Books for Prisoners:** This nonprofit organization provides reading materials to inmates free of charge around the state of Florida. *Look for the box in the South exit to donate your reading materials.* Books for Prisoners is sponsored by **Open Books**, a collectively owned, non-profit bookstore started by a group of people involved with the Prison Book Project. **Open Books**, 1040 N. Guillemard Street, at the corner of Guillemard & Desoto. Visit them on the web at: [www.openbookspcola.org](http://www.openbookspcola.org)



**Join Our Facebook Group**

**"IN OUR GREATER COMMUNITY"**



# The Light

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9888 Pensacola Blvd.  
Pensacola, FL 32534  
[www.uupensacola.org](http://www.uupensacola.org)

Return Service Requested

Deadline for submissions  
for **FEBRUARY LIGHT:**  
**JANUARY 24**

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## MANNA

### ***FIRST SUNDAY REMINDER***

#### ***Manna Memo***

*In November, UUCP collected 64 lbs of animal and human food for Manna Food Bank! The need is great so please give whole-heartedly!*

*Please keep donating generously in the beginning of every month. Thank you for your support!*



#### ***SUNDAY SNACKS***

Please consider donating snacks for the fellowship time after the Sunday Service one week. The sign-up sheet is on the table in the foyer. Snacks will not be needed on days when Sunday Sweets are for sale or on Potluck Sundays.