



Comprehensive Sexuality Education for 7th-9th Graders

A 12-session program offered in Pensacola in Spring 2018

The Unitarian Universalist Church of Pensacola (UUCP) will offer the Our Whole Lives (OWL) class for 7th-9th graders between January-April 2018 and is now accepting registrations.

Registration form for OWL is on reverse or attached.

Honest, accurate information about sexuality is life changing. Comprehensive sex education dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and potentially saves lives. OWL is a nationally recognized, secular, values-based program that emphasizes self-worth, sexual health, responsibility, and justice & inclusivity.

OWL affirms the role of parents as their children's primary sexuality educators. OWL covers topics and skills that both parents and students want but that schools are less likely to cover. National surveys show that most parents, as well as educators and students themselves, would expand sex ed courses and curriculum. OWL does just that.

OWL provides holistic, accurate, and developmentally appropriate information. OWL uses interactive workshops and lessons to engage participants. The program helps students make informed and responsible decisions about sexual health and behavior.

SCHEDULE OF CLASS DATES & TOPICS

Class times will be approximately 12-3pm on Sundays, except where All-Day Retreats are noted.

Mandatory Parent/Student Orientation, Date & Time TBD

Sat., Jan. 20: Session # 1—ALL-DAY RETREAT, 10am-6pm
What is Sexuality?, Examining Values, The Language of Sexuality, You as a Sexual Being, Anatomy & Physiology, Puberty

Sun., Jan. 28: Session #2
Body Image, Sexuality & Disability

Sun., Feb. 4, 11, & 18: Sessions #3, #4 & #5
Gender Identity, Gender Expression, Sexual Orientation, Panel

Sun., Feb. 25: Session #6
Healthy Relationships, Relationship Skills

Sun., March 4: Session #7
Contemporary Issues, Social Media, Bullying & Bystanders

Sun., March 11 & 18: Session #8 & #9
Responsible Sexual Behavior, Abstinence, Lovemaking, Consent

Sun., March 25, & Sun., April 1
NO OWL CLASS - Spring Break & Easter

Sun., April 8 & 15: Session #10 & #11
STIs, Pregnancy, Parenting, Contraception & Safer Sex

Sat. April 21: Session #12— ALL-DAY RETREAT, 10am-6pm
Communicating About Sexuality, Sexual Decision Making, Communicating with a Sexual Partner, Celebration & Closure



For more information about the Our Whole Lives (OWL) program, visit the Unitarian Universalist Association's OWL site at www.uua.org/re/owl or the Unitarian Universalist Church of Pensacola's OWL page on Facebook at www.facebook.com/OWLUCP/.