

The Unitarian Universalist Church of Pensacola

# The Light

Vol. 67 Issue 11 November 2024



**Celebrate Diversity**   **Strive for Justice**   **Inspire Love**

---

## Join in Reflection...

### From Your Board: President's Letter

Dear UUCP family,

Can you believe we're already approaching the end of the year? It feels like just yesterday we were kicking off 2024 with all its hopes and challenges. And now, here we are, deep into fall, preparing for Thanksgiving. This holiday is a reminder that America is a confluence of people whose ancestors arrived in different ways — indigenous, enslaved, and immigrant. Dr. Pat Gleich will share the history of the latter during our November 3 service.

I know many of us are feeling a deep sense of uncertainty as the upcoming election looms. This season can stir anxiety, as so much seems to hang in the balance. Whatever the outcome, our November 10 service, led by Zach Helton, will be a time to recenter and reflect on our shared values as we move forward.



*Joe Vinson, UUCP Board President*

November is when we observe the harvest season with two beloved traditions. On Sunday, November 17, Audrey Preston will lead our annual Bread Communion, a meaningful ritual that symbolizes our community's shared abundance. Then, on November 24, following a service by yours truly about evolution (with more references to comic books and TV shows than you might expect), we will gather for our potluck Thanksgiving. This is a time to celebrate and give thanks together with food, fellowship, and gratitude for the waning year.

In the spirit of gratitude, I want to take a moment to express deep thanks to the late Rob Pallme. His generous donation has allowed us to invest in new cameras and sound room equipment, significantly enhancing our ability to record and share our Sunday services. Rob's legacy lives on in our congregation, and his contribution will help us continue to reach those who cannot join us in person. I also want to extend a heartfelt thank you to Erin Renfroe, who, despite moving to Tennessee a couple of years ago, continued to edit our service videos for us during that time. Erin, we are so grateful for your generous spirit!

As we move into the final months of 2024, I hope you'll join me in reflecting on the many ways we've grown as a community. Despite all the ups and downs, we remain united in our mission to celebrate diversity, strive for justice, and inspire love.

Joe Vinson

President, UUCP Board of Directors

## DIRECTORY

See our website, [uupensacola.org](http://uupensacola.org), for updates and a complete list of teams

### Office Administrator

(850) 475-9077, [uupensacola@gmail.com](mailto:uupensacola@gmail.com)

### Community Minister

Rev. Maggie Lovins

### Governing Board

President: Joe Vinson

President Elect: Crys Brockway

Past President: Scott Satterwhite

Secretary: Lisa Rawson

Treasurer: Bradley Vinson

([treasurer@uupensacola.org](mailto:treasurer@uupensacola.org))

### Members at Large:

Marianne DeGrado

Denise Gunn

Patti Underwood

Barbara Wright

## MINISTRY TEAMS

**Adult Exploration:** Trista Blouin

**Buildings & Grounds:** Ed King

**Caring:** Trista Blouin & Rev. Maggie Lovins

([caring@uupensacola.org](mailto:caring@uupensacola.org))

**Children's Religious Education Coordinator:**

Honor M. Bell, III ([cre@uupensacola.org](mailto:cre@uupensacola.org))

**Communications:** Joe Vinson

([communications@uupensacola.org](mailto:communications@uupensacola.org))

**Denominational Affairs:** Scott Satterwhite

**Finance:** Laurie Winterberg

**Fun and Fellowship:** Marybeth Ramsey

**Leadership Development:** Scott Satterwhite

**Membership:** Lauren Anzaldo

([membership@uupensacola.org](mailto:membership@uupensacola.org))

**Outreach:** Laura Keith King

**Safer Congregation:** Denise Gunn

([safer@uupensacola.org](mailto:safer@uupensacola.org))

**Social Justice:** Paula Montgomery & Scott Satterwhite

**Sunday Services:** Nancy Hagman

**It is time for our annual Thanksgiving Potluck!**



It will be directly after the service, **Sunday, November 24th** (the Sunday before Thanksgiving). Turkey, ham, drinks and desserts will be provided. We ask that you bring a side dish to share, if you're willing and able. If you could stay and help cleanup after, that'd be great too. Bring friends, family, strangers and neighbors to help us celebrate a time of thankfulness.

Reach out to Marybeth Ramsey with any questions. THANKS!

### REQUEST!



Trista B., one of our members, is currently looking for a small 2-bedroom place to rent that is under \$1000. She can provide more specific information upon request. Please reach out to her via her contact info on Simple Church.



## Sunday Services in November



The first Sunday of the month is always Manna Sunday! The collection basket will be in the lobby to drop off items. Most requested items from Manna Food Pantries include canned fruit in 100% juice, fruit cups (20 oz. or less), soups (low sodium), canned dinners (20 oz. or less), and canned tomatoes (16 oz. or less).

### November 3, 2024 Unpacking immigration

Presenter: Pat Gleich, Doctorate in Social Science and Sociology

Immigration is such a volatile subject at this time in our history. Join us as Dr. Gleich shares the history of voluntary immigration, looking at the last 200 years. She will present the trends and patterns, places of origin, and notable contributions. Included will be the laws regulating immigration and existing pathways to permanent residency that have been passed in the US.

*Second Hour: Heathen Kinship; Newcomer Orientation*

### November 10, 2024

#### A Space to Breathe: Staying Grounded After the Election

Presenter: Zachary Helton is a spiritual care counselor and author. His work centers on creating imaginative spaces for reflection and connection, especially in times of transition. You can find more about his work at [zhelton.com](http://zhelton.com).

Whatever the outcome, the days after an election can leave us feeling overwhelmed, exhausted, or unsure of what's next. On November 10th, join Zachary Helton for a space to pause, reflect, and explore how to stay connected

as we move forward with clarity and compassion.

*Second Hour: OutoftheBox Story Circle, facilitated by Claire Helton 11:30-12:30, in the Library*

### November 17, 2024

#### Bread Communion, Annual Celebration

Presenter: Audrey Preston, an active, engaging member of UUCP

Our Bread Communion is one of three UUCP annual celebrations. Similar to our congregants, breads come in a wide variety with diverse histories. Every civilization that has ever lived on the earth has made some type of bread. This communion service reminds us that we all need food to live, that we must share our one earth which feeds us all, and that part of our purpose is to share our unique gifts with one another - so all can be fed both physically and spiritually.

*Second Hour: Heathen Kinship*

### November 24, 2024

#### Evolution, God and the Bible

Joe Vinson, President of UUCP

How do we know what we know about evolution? In religion as in nature, things change over time. What does that mean for us?

*This Service will be followed by our Annual UUCP Community Thanksgiving Potluck Dinner.*



# November at UUCP



## Sunday Sweets

Sunday Sweets for the month of November will be held on Sunday November 11th. To accommodate members who are practicing gluten-free eating there will be a separate table for gluten free baked goods to prevent cross contamination.

## Readers' Group

From The Readers' Group - What We're Talking About

The October's Zoom Readers' Group had lots of recommendations; here are a few.

The German Wife - Kelly Rimmer

Remarkably Bright Creatures - Shelby Van Pelt

Dolly Llama - Words of Wisdom from a Spiritual Animal - Stephen Morrison

The Heather Blazing - Colm Toibin

The Amazing Grace Adams - Fran Littlewood

Run for Your Life - James Patterson

And for a smile:



Join us **Monday, November 11<sup>th</sup> at 10 AM** on Zoom and check out what folks are reading! The Zoom link will be emailed to Members and Friends a few days prior to the meeting.

Want to know more? Contact Laurie Winterberg

## Newcomer Orientation

Sunday, Nov 3, 11:30am



Recent UUCP Members and Friends as well as prospective Members are invited to join us for Newcomer Orientation at UUCP. This interactive orientation will take place in the sanctuary following Sunday Service that day.

Childcare is available during this service.

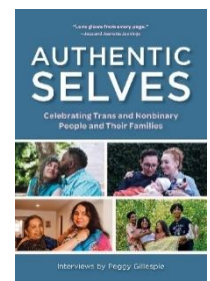
The orientation will provide useful information about our church while allowing you to meet and interact with other newcomers to UUCP. Topics covered include how to get involved in the activities of UUCP, the rights and responsibilities of membership, Fun & Fellowship activities, our budget and pledging, our Children's Religious Education program, our communication systems, and more! Orientation is presented by the Membership Team with support from other Ministry Teams and the UUCP Board. Please contact our Membership Team Leader, Lauren, if you'd like to attend or have any questions.

## UUA Common Read

The 2024–2025  
UU Common

Read is *Authentic Selves: Celebrating Trans and Nonbinary People and Their Families*, edited by Peggy Gillespie. The Common Read builds community in our congregations and our movement by giving diverse people a shared platform for reflection and a shared focus for action. *Authentic Selves* invites us to explore the nature of living authentically and the ways connections among us help us thrive.

[Click for entire announcement](#)



## November LUUnch BUUnch

For the 13th, we will return to an old favorite, Taste of Jerusalem, on the south side of Cervantes/Mobile Highway, just east of "W" St. Many of us can recall first eating at ToJ back five plus years ago (on Pace, a much smaller operation), when the fare was unique to our taste buds - unless we've spent some time in the Middle East, or a larger city with an ME demographics. Best to check the menu so you'll have your questions or choices ready. At 1 PM, Wednesday, 13 November. Seating is pretty relaxed there, but if you arrive first, choose a table with 4-6 capacity. (Please advise me on Sunday the 10th.)



Well, we at a Toucan's last 2nd Wed. of October, there were just the four of us, but of course, being a Mexican restaurant, we soon ran out of table space. Michael succeeded in finding fish on a Mexican menu, but I arrived too late to give the menu a full inspection, and settled for Vegetarian Fajitas, which did not quite have a specific, desirable flavor, more just so-so. Kenny and Judith also ate well, but then they were more familiar with the range of choices. Toucan's is located on the north side of 9 Mile, at the traffic light just before heading into the "valley" where the next hilltop offers Everman Co-op also on the left. (I was somewhat enlightened, being the only cash payer of the four, that cash was \$.70 cheaper than Credit Card use.)

-Hugh Ed T.

A Freecycle and a Yard Sale  
got together –  
- and they had

# Not a Yard Sale

Sundays, October 27 and November 3  
After the service in the conference room  
**NO SET PRICES**

Take what you like ■ Make a donation ■ All proceeds go to the church



**The Unitarian Universalist Church of Pensacola  
9888 Pensacola Boulevard  
Pensacola, FL 32534**

**TO:**



**LGBTQ**

**Welcoming Congregation**

Deadline for the December  
*Light*:  
Thursday, November 21

**FAMILY**  
Heating & Air

Medal of Excellence

bryant  
Factory Authorized Dealer  
Heating & Cooling Systems

Over 50 years experience in the Heating, Air Conditioning and Refrigeration industry! **24-Hour Emergency Service!** In addition, we now offer Duct Cleaning Services!

We are bonded, insured and a Bryant Factory Authorized Dealer! We service and install all major brands of air conditioning, heating and refrigeration equipment!

Call us today at **850-972-1879!** You can also visit us on the web

@[www.familyheatingandac.com](http://www.familyheatingandac.com)  
Facebook @familyheatingandac  
Instagram @family\_heatingandair