

The Unitarian Universalist Church of Pensacola

The Light

Vol. 68 Issue 8 August 2025



Celebrate Diversity *Strive for Justice* *Inspire Love*

At the Cusp of Change...

From Your Board: President's Letter

Dear Beloved UUCP Community,

As we step into August, we find ourselves at the cusp of change once more. The days remain long and sunlit, but there's a subtle shift in the breeze—a quiet reminder that summer is slowly preparing to hand over the reins to autumn. Children are gearing up for a new school year, vacations begin to wind down, and routines start to reemerge. It's a time of transition, and with it, a powerful invitation to reflect and refocus.



This month at UUCP, our Sunday services will center around a theme that feels especially vital in this season of both personal and societal reckoning: what it truly means to be a Unitarian Universalist. We will explore the depth of our faith tradition—not just as a belief system, but as a call to live with courage, clarity, and compassion.

We'll spend time reflecting on social justice and democracy in these complex times. As political tensions rise and injustice continues to surface in our communities and beyond, we are reminded of our responsibility as UUs to remain grounded in our values. Our principles call us to uphold the inherent worth and dignity of every person, to seek justice, equity, and compassion, and to support the democratic process with both heart and action.

In that spirit, we'll also focus on what it means to do something when you see a wrong being committed. It's not always easy—often uncomfortable—but this is where our faith becomes more than words. Whether it's standing up for a neighbor, writing to an elected official, or simply offering a listening ear to someone who needs to be heard, these small acts are powerful expressions of our shared commitment to building a more just and loving world.

As the seasons shift, may we all find renewed purpose in our spiritual practice, in our community connections, and in our commitment to making a difference. I encourage you to join us for services, bring your questions, your passion, and your presence. Together, we can continue to be a beacon of hope, justice, and love in our city and beyond.

In faith and service,
Crys Brockway (They/Them)
President, UU Church of Pensacola

DIRECTORY

See our website, uupensacola.org, for updates and a complete list of teams

Office Administrator

(850) 475-9077, uupensacola@gmail.com

Community Minister

Rev. Maggie Lovins

Governing Board

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(treasurer@uupensacola.org)

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MINISTRY TEAMS

Adult Exploration: Scott Satterwhite

Buildings & Grounds: Wayne Chardon Jr.

Caring: Rev. Maggie Lovins

(caring@uupensacola.org)

Children's Religious Education Coordinator:

Honor M. Bell, III (cre@uupensacola.org)

Communications: Joe Vinson

(communications@uupensacola.org)

Denominational Affairs: Joe Vinson

Finance: Laurie Winterberg

Fun and Fellowship: Marybeth Ramsey

Leadership Development: Scott Satterwhite

Membership: Lauren Anzaldo

(membership@uupensacola.org)

Outreach: Laura Keith King

Safer Congregation: Brett Ramsey

(safer@uupensacola.org)

Social Justice: Paula Montgomery & Scott Satterwhite

Sunday Services: Nancy Hagman

Newcomer Orientation

Newcomer Orientation

Sunday, Aug 31, after Sunday Service (11:30am)

Recent UUCP Members and Friends as well as prospective Members/Friends are invited to join us for Newcomer Orientation at UUCP. This interactive orientation will take place in the sanctuary following Sunday Service that day. Childcare is available during this orientation.

The orientation will provide useful information about our church while allowing you to meet and interact with other newcomers to UUCP. Topics covered include how to get involved in the activities of UUCP, the rights and responsibilities of membership, Fun & Fellowship activities, our budget and pledging, our Children's Religious Education program, our communication systems, and more! Orientation is presented by the Membership Team with support from other Ministry Teams and the UUCP Board.



*Aug 30 | Sept 13 | Oct 11 | Nov 22
(None in December)*

Sunday Services in August



The first Sunday of the month is always Manna Sunday! The collection basket will be in the lobby to drop off items. Most requested items from Manna Food Pantries include canned fruit in 100% juice, fruit cups (20 oz. or less), soups (low sodium), canned dinners (20 oz. or less), and canned tomatoes (16 oz. or less).

August 3, 2025

Service for All Ages (SFAA)

**How do you describe UU?
(What does UU mean to and for you?)**

Presenter: Dr. Pat Gleich, Doctorate in Social Sciences with an emphasis in Sociology.

How do you describe UU? (What does UU mean to and for you?) will be an interactive opportunity for the congregation to learn about the many and different ways we understand Unitarian Universalism. Building on a recent post on the UUA facebook page, "Two sentences. One big question: What is Unitarian Universalism?" We will use the same two sentence limit and share our answers with one another. We know that we as a group have followed many different pathways leading to UUCP. Our previous experiences, especially religious cultural traditions, rituals and celebrations are often incorporated in how we approach and shape our belief systems. It will be very interesting to discover these influences as well.

Thought homework before the service is encouraged. (What does UU mean to/and for you?) Sometimes an off the cuff answer to a question like 'what does UU mean to you?' is informative, but deeply thoughtful responses can be

very illuminating. Try to give this topic some thought before the service. *Second Hour: Earth Stars*

August 10, 2025

"Understanding and Resisting the Anti-Democracy Movements influencing Current Policies"

Guest Presenter: Dr. Joan Braune is Lecturer in Philosophy at Gonzaga University in Spokane, Washington

Numerous ideological factions present within the Trump administration and adjacent networks see leaders as above law, rather than subject to it. In this presentation, we'll learn about some of the far-right ideologies and movements (including fascism and Christian nationalism) influencing current policies, and how people are counter-organizing against authoritarian hate.

Second Hour: OutoftheBox Story Circle

August 17, 2025

Be A Giraffe

Guest Presenter: Dr. Jacqueline Garrick, Masters in Social Work and Doctorate in Professional Studies.

Giraffes stand tall and stick their necks out when they see something wrong. Dr Jacqueline Garrick chose the Giraffe as a mascot for Whistleblowers, who do just that.

She is founder of Whistleblowers of America and wrote "Be a Giraffe" as a mantra for right doing and to educate people of all ages especially the young who are our future leaders. She has found that the negative affects of whistleblowing impact each person and their families. She seeks to empower children as well as adults. "There is corruption in many places in our world. Our homes, schools and workplaces need to find pathways for important conversations about ethical behavior, character development and a personal code of conduct."

Dr. Garrick will have books available for purchase after the service. Book sales benefit "Workplace of America" which is a nonprofit dedicated to whistleblower mental health and peer support. International Paper made the printing of this book possible.

Second Hour: Earth Stars

August 24, 2025

Dust to Dust: Spiritual & Practical Reflections on Death, Dying & Grief

Presenters: Claire Helton, Laura Ericson, Trista Blouin from UUCP Church Community

Memento mori: remember you must die, the Stoics said. I am of the nature to die, Buddhism

remembers. We're all just walking each other home, Ram Dass taught. Join us for a service on death, dying, and grief, as three UUCP Professionals - a death doula (Laura Ericson), a chaplain (Trista Blouin), and a bereavement coordinator (Claire Helton) - offer reflections on their work in these areas. You're invited to stick around during "Second Hour" for an opportunity for continued discussion and to ask any questions you might have.

**August 31, 2025
To Be Announced**



**Sunday Sweets
On Summer Break**

The Sunday Sweets Fall Schedule for 2025 is:
Sept. 14th; Oct. 12th; Nov. 12th; and Dec. 14th.

Sunday Sweets is held on the **second Sunday** of each month.

Thank you to all the bakers who took the time and effort to make an item for this church fund raiser. Michael Newcomb

Readers' Group

Readers; Group Resumes - Monday Sept 8th - 10 am

Time to catch up on what we've been reading this summer! Join

the ZOOM gathering. Link will be sent out a few days prior.



**The Sunday Sweets
Sweet Tooth Recipes**

The Sunday Sweets Bunch have been asked to provide a few recipes for you to try until we return in September.

Fruit Cobbler

This is a recipe for all kinds of fruit depending on what you have available.

Suggestions: Cranberries, plum, apples, peaches, mango or anything else you like.

Fruit

Prepare the fruit. About 6 cups, rinse and if big cut into smaller pieces. If the fruit is hard (cranberries, or not ripe) it will require cooking on the stove in a saucepan with ½ cup of sugar, ½ cup water, can add lemon or lime zest, and/or cinnamon or cloves. Heat to boil lightly, then reduce heat and cook and stir until softened 3-4 minutes.

Butter baking pan: 9 inch, round or square pan. Preheat oven to 375 F.

Pour the fruit into the buttered baking dish.

Batter

Flour ¾ cup

1 teaspoon baking powder

pinch of salt

4 Tablespoons cold butter cut in small pieces

Now mix with a food processor or by hand until the butter is in small pieces.

Then combine the egg and vanilla extract. To slightly combined mixture.

1 egg

1 teaspoon vanilla extract

If dry add a few tablespoons of milk

Dribble the batter on the fruit. Do not spread. Leave a rough appearance.

Bake 35 minutes check for browning; then longer, if needed.

Can be eaten when cooled but warm with or without whipped cream.

Enjoy!

-Jack Comstock



August LUNCH BUNCH



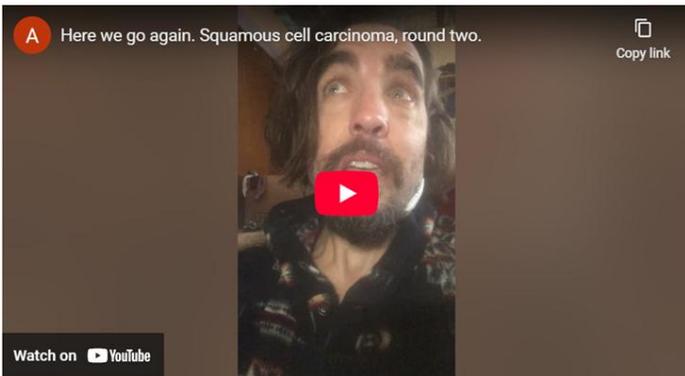
So, as somewhat forecasted, we'll try Karen's at 3700 N. Pace Boulevard, 850-494-3884. Stopped in on a Wed. and it was pretty busy. "Breakfast-to-dinner comfort food is served at this unpretentious restaurant with a country atmosphere" says a blurb on the (not necessarily theirs) web site, and it does show a picture of their inside daily specials board (hand lettered), a long list, turf to surf and more. And printed menus, both breakfast and lunch. So I say "just come hungry". (The daily specials board is on your right just after you come in,)

And WHEN? We'll stick with 2nd Tuesday of August, the 12th, which might mitigate the crowd factor. And as of this posting, I'm not yet clear on my IHMC gym schedule. And we'll stay with 1 PM/1300, though I note the possible "2 PM" exit time "encouragement" read last month on Google. ... 3700 Pace (east side of Pace) is just north of the railroad tracks north of Town and Country Mall (the oldest in Pensacola I think I was once told), and likely similar fare but less polished accommodations than the Morrison's, formerly a part of T & C 10-15 years ago. It will likely be crowded, so whoever arrives early, choose a table (in the center area) or a booth (on both walls) and "hang" on to it. (If we do 8 again, might need two booths or 3 tables).

So, how was Founaris's Brothers? We had 8 (ate) and ate well, it seemed. Regarding the tasty eggplant parmesan, it was the thinnest eggplant slices I've ever seen, and maybe that's a clue to the fairly reasonable prices - but I can remember getting out for less than \$10 a few years ago. HET

-Hugh Ed T.

Click to help Mike. Help them fight their cancer.



Sunday – August 3 and 10th

After Sunday Service

Conference Room

No set prices

- Select what you like
- Take your treasures
- Payment methods -
- Treasure \$\$, Time and/or Talent
- All proceeds go to the Church

To donate items

Contact

Marybeth Ramsey

Or

Kristi Ging

Space is limited

The Unitarian Universalist Church of Pensacola
9888 Pensacola Boulevard
Pensacola, FL 32534

TO:



LGBTQ

Welcoming Congregation

Deadline for the September
Light:
Thursday, August 21





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